



Emerging Frontiers in Psoriatic Arthritis
 Wednesday 20th September 2017
 Hilton Metropole, The NEC, Birmingham B40 1PP

Third Annual Meeting
 “facilitating and
 advancing research and
 best practice in psoriatic
 arthritis in the UK”

Chairs: Professor Bruce Kirkham, Guy’s & St. Thomas’ Hospital
Professor Oliver FitzGerald, University College Dublin

Provisional Programme		
10.00am	Arrival and registration with tea, coffee and pastries	
10.30am	Welcome and overview of the day	Prof Bruce Kirkham & Prof Oliver FitzGerald
10.35am	Brit-PACT - who we are	Dr Sonya Abraham
10.40am	Microbiome science; evidence for a disturbed gut in Rheumatic Disease	Prof Julian Marchesi
11.15am	Diet and Arthritis - How to change it?	Prof Gary Frost
11.45am	Four Trainee Presentations	10 minutes per presentation
12.30pm	Lunch	
1.30pm	Patient perspective: Work disability and Psychological Issues	Mrs Mel Brooke and Mr Andrew Parkinson
1.45pm	Introduction to workshops: – Work Disability – Psychological Issues in Psoriasis and PsA	Dr William Tillett (5-7 mins) Prof Brian Kirby (5-7 mins)
2.00pm	Workshops – please choose 2 of 3 (at registration): – Work Disability in PsA – Developing New Instruments/Composite Tools – Depression/Anxiety in PsO	Dr William Tillett Dr Laura Coates Prof Brian Kirby & Dr Mark Turner
3.00pm	Jak inhibitors in SpA	Prof Iain McInnes
3.30pm	Refreshments	
Combined Brit-PACT & BRITSpA Meeting		
4.00pm	Welcome – Brit-PACT and BRITSpA	Dr Sonya Abraham, Brit-PACT & Dr Andrew Keat, BRITSpA
4.10pm	NICE Guidelines on SpA Treatment	Dr Nicky Goodson, Dr Jon Packham & Dr Louise Warburton
4.10pm	<i>Patient Breakout Session (finishing at 5.30pm)</i>	<i>Mrs Mel Brooke and Mr Andrew Parkinson</i>
4.40pm	- Latest data from BSRBR-AS and associated studies - BSRBR PsA - The current state of play	Prof Gary Macfarlane
5.05pm	Analysis of COMOSpA data	Dr Mohammad Derakhshan & Dr Stefan Siebert
5.30pm	Debate: “This house believes that Treatment of SpA patients should be based on a ‘Treat to Target’ approach”	Chair: Dr Stefan Siebert Proposers: Dr Laura Coates & Dr Toni Chan Against: Dr William Tillett & Dr Lesley Kay
6.30pm	Meeting close	
Pre-dinner drinks followed by dinner at 7.30pm - Booking required		

Please confirm your attendance by e-mail to BIRD@birdbath.org.uk

Brit-PACT will cover dinner and accommodation costs for all members attending this meeting.
Fellows travel costs will also be reimbursed.

Accreditation from the Royal College of Physicians will be applied for in due course.